



MILAN  
URBAN  
FOOD  
POLICY  
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ASSOCIATION  
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ASIAN NATIONS

SUMMER SCHOOL

# SPREADING EXPERIENCES AND KNOWLEDGE ON SCHOOL MEALS PROGRAMMES IN ASEAN CITIES

23-26 JULY 2024 | BANDUNG

CONCEPT NOTE & PROGRAMME

**Promoters**



Comune di  
Milano



Cities  
Feeding  
the Future  
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# 1. Background

Over the last years a strong interest in **urban food systems** has been observed in the ASEAN region. This trend has been confirmed by the growing participation of ASEAN cities in the **Milan Urban Food Policy Pact (MUFPP)**, a global commitment of mayors towards a more sustainable food system by adopting innovative urban food policies. To this day, the Milan Pact has been signed by **18 cities from ASEAN countries**.

Providing **children with healthy and sufficient nutritious food** in ASEAN countries is still a significant challenge, despite the substantial progress made over the last few years. Around **60 million children in this area suffer from malnutrition**, 23% of children are still stunted and 9.9 % of children under 5 years are affected by wasting. Inadequate nutrition in its different forms severely affects the physical growth and cognitive abilities of those individuals, having long-term effects on their well-being.

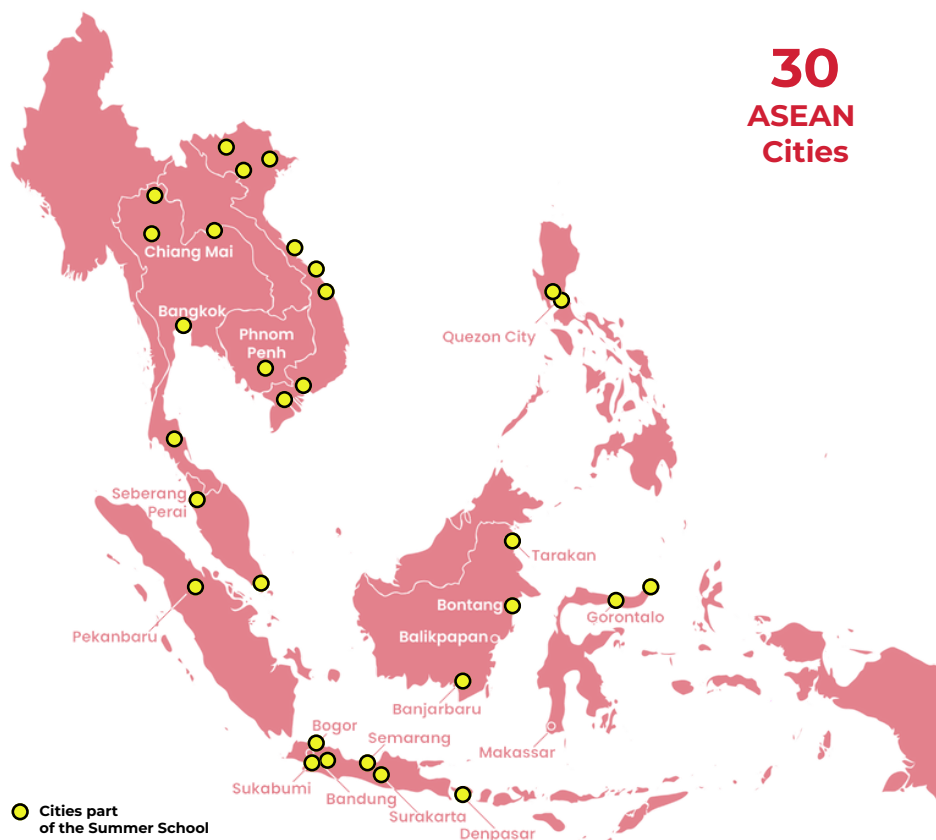
In this context, **school meal programmes represent a major social net** to ensure students **sustainable, healthy and affordable meals** beyond their household's individual circumstances. Setting effective school meals programmes in these territories not only results in improved nutritious status but can also **positively influence school participation, learning and social inclusion**. In parallel, through the design of sustainable procurement practices, school meals have a role in empowering the local economies and engaging multiple stakeholders.

On this background, multiple school meal programmes have been set up in ASEAN countries with **different forms of infrastructures, models and typologies of meals**. For instance, some territories provide multiple meals per day, while others provide mostly lunch alternatively through take-home rations, meals in-school or school programmes targeted exclusively to low-income students. However, national and local circumstances challenge a **'one fits all' solution** and require policy officers to **possess the adequate skills and knowledge** to understand the needs of their communities for delivering promising school meals mechanisms able to address them.

Within the framework of the MUFPP, **relevant attention is paid to school meals**, the main public service through which cities are achieving multiple co-benefits.

Within this project, the MUFPP Secretariat engaged 30 cities from 8 ASEAN countries.

The map shows the distribution of the participating cities.



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# 2. Project Ambition

## 2.1 Scope

The ***Spreading Experiences and Knowledge on School Meals Programmes in ASEAN Cities*** project aims to increase the **capacity of city officers and member states from ASEAN countries to develop school meals programmes** and policies that can multiply positive health, environmental, economic and social outcomes in local communities. By building on the needs and priorities of ASEAN cities and member states, the project increases **opportunities for capacity building and city-to-city exchange** within the MUFPP community, that can support ASEAN mayors and city officers in maximising the transformative potential of school meals for local food systems transformation.

## 2.2 Promoters

The project is promoted by the **Municipality of Milan - Milan Urban Food Policy Pact**, **ASEAN**, supported by **Parahyangan Catholic University (UNPAR)** and the **Municipality of Bandung** within the **Cities Feeding the Future Initiative**, and **funded by the Italian Ministry of Foreign Affairs and International Cooperation**. The project aligns with **ASEAN Post-2015 Health Development Agenda (2021-2025)**, and in the framework of the **ASEAN-Italy Development Partnership: Practical Cooperation Areas (2022-2026)**, by aligning with measure 18, measure 39 and measure 54.

By building on the sharing of best practices from other MUFPP signatory cities in ASEAN, the project is supported by a **broad range of strategic partners** of the Milan Urban Food Policy Pact.

### Promoters



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### Supporters





Wat Makut Kasatriyaram School, Bangkok

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# 3. Summer school

## 3.1 Rationale

The core of the project is a **summer school** organized together with the Parahyangan Catholic University, and with the Municipality of Bandung.

In the wake of the Cities Feeding the Future Initiative, the summer school starts from the premise that **cities and local governments are the governance unit practically implementing school meals programmes** and governing their operative functioning. Cities are both nodes where feedback from communities can be collected and key drivers for transforming needs into actionable interventions. Therefore, **cities and their governance structures should be put at the centre of the design process** for promoting improved school meals.

To this scope, the summer school's overall objective is to **offer extensive guidance and practical tools to city officers on the sustainable implementation of school meals programmes**. It takes a multidisciplinary lens to the topic, acknowledging the complex networks of health, environmental and societal outcomes delivered from school canteens and recognising their dependency on the territories where schools are located and operate.

The **originality** of the executive summer school lies in the **combination of learning modules, field visits, workshops and seminars** that deliver **comprehensive insights** into the challenges and opportunities of school meals programmes and support active knowledge development from participants. For each theory-based content, a set of **interactive sessions** are envisaged both to consolidate learnings and to empower the network developments across participants in view of the growing attention of ASEAN countries on the topic.

## 3.2 Target group

The summer school targets **city officers** responsible for school meals programmes from all ASEAN countries and national focal points. Summer school participants will be engaged into a **unique and informative conversation** to unlock concrete opportunities for integrating school meals programmes that support food system transformation.

## 3.3 Structure

### Preparatory activities:

- All selected cities for the summer school will be asked to complete a **survey**, providing information on the **status of the school meals programmes in their cities** and **potential challenges and learning needs** connected to the food system.



### Summer school

- A **4-day in-person meeting in Bandung** at Parahyangan Catholic University, including interactive sessions, seminars and field visits.
- The development of a **project work proposal** from city officers with the objective of designing a project to be executed in their home cities for improving school meals programmes. An international **Advisory Committee** will **evaluate project work proposals** and select the **six best ones to be awarded**.



### Follow-up activities

- The organisation of a **3-day study visit and workshops in Milan** focusing on the Milan school meals system **for the first 3 project work proposals**, plus a dedicated workshop on the development of **tailored feasibility studies**.
- The setting-up of **study visits and in-person learning exchange in Bangkok** for the 3 other selected cities. Best practices and innovations from a best practice in the region will be showcased to stimulate sustainable implementation of school meals programmes.



Wat Makut Kasatriyaram School, Bangkok

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## 3.3 Structure

The **in-person meeting** in Bandung consists of **4 days of discussion** to facilitate knowledge sharing, new cooperation activities and exchanges. Each day is dedicated to a specific topic, as described below:

### Day 1 - 23rd of July 2024

#### **Setting the scene:**



presents the international and national status of ongoing initiatives, policies and activities on school meals programmes“

- S1. School meals programmes at a glance
- S2. School meals: the transformative potential of urban food policies
- S3. Securing food safety and hygiene
- Interactive session: Setting the scene

### Day 2 - 24th of July 2024

#### **Nutritional guidelines & procurement practices**



explores aspects of nutrition, safety and hygiene, and public food procurement for menu design

- S4. Promoting adequate nutrition
- S5. Unlocking the potential of public food procurement
- Interactive session: co-designing school menus

### Day 3 - 25th of July 2024

#### **Monitoring and education:**



offers opportunities for understanding approaches to monitor progress of school meals programmes and implement sustainable educational activities

- S6. Monitoring and financing for school meals programmes
- S7. Education activities for school meals programmes
- Interactive Session: Exploring monitoring opportunities

### Day 4 - 26th of July 2024

#### **Engaging stakeholders:**



advances solutions for mobilizing local stakeholders towards the improvement of school meals programmes

- S8. Fostering stakeholders' participation and collaboration
- Interactive session. Stakeholders mapping
- Roundabout Discussion and closing session

**Technical sessions** from international experts are complemented with **dedicated interactive sessions** to capitalise on the acquired knowledge using a group approach. In each session, participants will be invited to exploit the **MUFPP Food Policy Tools** developed within the Horizon 2020 Food Trails projects, with the aim to facilitate them, during the in-person summer school, towards their project work proposal.

A **set of cities are included to champion their best practices** and serve as **concrete inspiration for similar contexts**. Finally, a field visit to school meals programmes and related initiatives is also organised to offer hands-on experience to participants.

# Day 1 - Setting the scene (23/07/2024)



8:30	Registration
9:00 9:15	Introduction by the Master of Ceremonies Traviata Capella Pringgowijaya & Patrick Rafael Wijaya, UNPAR
9:00 10:00	<b>Welcoming and opening remarks</b> Theresia Gunawan, UNPAR Ir. Tri Basuki Joewono, Ph.D., Rector UNPAR Giulio Marini, Charge' d' affaires a.i., Italian Embassy in Jakarta Anna Scavuzzo, Vice Mayor of Milan in charge of Food Policy Bambang Tirtoyuliono, Mayor of Bandung Moderator: Filippo Gavazzeni, Head of MUFPP Secretariat, Municipality of Milan
10:00 10:30	<b>State of the Milan Urban Food Policy Pact</b> Filippo Gavazzeni, Head of MUFPP Secretariat, Municipality of Milan
10:30 11:00	<b>Session 1. School meals programmes at a glance</b> The session sets an overview of the different international and national frameworks and practices on school meals programmes, including the main actors involved, the ongoing activities and the school meal global debate. <b>Lina Rospita</b> , Programme Coordinator for Nutrition, Health Division, ASEAN Secretariat <b>Joris Van Hees</b> , School health and nutrition specialist, WFP Indonesia <b>Ifan Martino</b> , Coordinator for Food Directorate of Food and Agriculture, Ministry of Development Planning of Indonesia Moderator: <b>Vrameswari Omega Wati</b> , S.IP., M.Si. (Han), UNPAR
11:00 - Coffee break	
11:20 12:00	<b>Session 2. School meals: the transformative potential of urban food policies</b> The session presents the MUFPP report "School meals: the transformative potential of urban food policies" and a set of best practices from around the world. A specific focus will be dedicated to the exploration of the different types of school meals systems. <b>Andrea Magarini</b> , Director Food Policy Department, Municipality of Milan
12:00 12:45	<b>Session 3. Securing food safety and hygiene</b> Safety and hygienic conditions along the food supply chain of school meals are essential to prevent foodborne illnesses and protect the health of children. The session highlights food safety and hygiene schemes and the connected precautions for adequate food storage, handling, preparation and service. By providing a set of advice for achieving food safety and hygiene, the session also addresses specificities related to different models of school meals programmes. <b>Juliawati Untoro</b> , Department of Nutrition and Food Safety, World Health Organization (WHO) <b>Ira Dewi Jani</b> , Health Department, City of Bandung <b>Matteo Granziero</b> , Food Quality and Safety Service, Milano Ristorazione Moderator: <b>Fransiska Anita Subari</b> , S.S., M.M., UNPAR
13:00 14:00 - Lunch break	
14:00 16:00	Interactive session. Setting the scene of school meals programmes Participants will first get familiarised with the Food Policy Action Canva developed within the H2020 Food Trails project. Afterwards, participants will explore their advancements in governance and partnerships, on the areas of interventions to be prioritised and on the different steps of the school meals value chain.
16:00	Coffee break



## Day 2 - Nutritional guidelines and procurement practices (24/07/2024)



9:00 9:10	<b>Registration</b>
9:10 10:25	<p><b>Session 4. Promoting adequate nutrition</b></p> <p>Setting meals standards which are tailored to the local context ensures that school meals are aligned with children's nutritional and cultural needs. The session explores the role of nutrition in designing school menus, for different school meals contexts and discusses their strengths and weaknesses. Considering that guidelines are largely country specific and that their successful implementation depends on each country's political, economic, cultural and ethical contexts, the variability of these guidelines is also discussed during the session. The session includes a City presentation of a best practice on adequate nutrition.</p> <p><b>Juliawati Untoro</b>, <i>Department of Nutrition and Food Safety, World Health Organization (WHO)</i>  <b>Heli Kuusipalo</b>, <i>Senior adviser, Nutrition and Health Policy Unit in Finnish Institute for Health and Welfare, Research Consortium of the School Meals Coalition</i>  <b>Muhammad Faizal Bin Abdul Aziz</b>, <i>Assistant Director, Educational Institutions. School Health and Outreach Division Health Promotion Board, Singapore</i>  <i>Moderator: <b>Mara Petruzzelli PhD</b>, Senior Officer School Feeding Programmes, MUFPP Secretariat</i></p>
10:25 10:50 - Coffee break	
10:50 12:00	<p><b>Session 5. Unlocking the potential of public food procurement</b></p> <p>The definition of public procurement criteria is a key pillar for strategic management of school meals programmes and the advancements towards development objectives. Procurement practices are important policy tools that officers can use to shape their food systems and deliver multiple benefits to their communities. By presenting existing standards and guidelines, the session stands to offer insights for sustainable procurement criteria and how they can be governed at city level.</p> <p>The session includes a City presentation of a best practice on public food procurement.</p> <p><b>Gin Gin Ginanjar</b>, <i>Head of Food Security and Agriculture Department, City of Bandung</i>  <b>Worakamon Noppakhunt</b>, <i>Director of Finance Division, Education Department, Bangkok Metropolitan Administration</i>  <b>Juliawati Untoro</b>, <i>Department of Nutrition and Food Safety, World Health Organization (WHO)</i>  <i>Moderator: <b>Serena Duraccio</b>, Officer of the MUFPP Secretariat, Municipality of Milan</i></p>
12:00 - 13:10 - Lunch break	
13:10 15:15	<p><b>Interactive session. Co-designing school menus</b></p> <p>Participants will explore the aspects of current menu designs in schools and advance discussions on how to improve them. The set of aspects to be considered in the menu design, includes the type of meal served, the meal composition, the guidelines used, the procurement criteria, the dietary needs. Participants will also advance reasoning on a typical weekly menu served within their school meals programme.</p>
15:15 19:00	<p><b>Cultural field visit with dinner to one of the Sundanese cultural centres, Saung Mang Ujo:</b> Participants will see performances and experience playing the angklung, a traditional musical instrument. Apart from that, Sundanese dance will also be displayed. This activity is also complemented by dinner at the Mang Ujo restaurant with an impressive menu of typical Sundanese cuisine.</p>

# Day 3 - Monitoring and education (25/07/2024)



<p>9:00 9:10</p>	<p><b>Registration</b></p>
<p>9:10 10:15</p>	<p><b>Session 6. Monitoring systems and financing for school meals programmes</b>          Providing school meals professionals with strategies to monitor the sustainability of their school meals programmes, by factoring nutritional, environmental, and social considerations is needed to provide adequate basis for tailor-made food policies. This session presents an overview of methods for collecting data, monitoring the sustainability and effectiveness of school meals programmes and the drivers and barriers of the monitoring strategies. Existing tools and experiences at the international and local level will be explored through a set of context-based examples. The session includes city presentations of best practices on monitoring systems.  <b>Mara Petruzzelli</b>, Senior Officer School Feeding Programmes, MUFPP Secretariat  <b>Nonie Kaban</b>, South East Asia Good Food for Cities Director, Rikolto  <b>Sri Sayekti</b>, Head Muhammadiyah Primary School, City of Surakarta  <b>Rossella Valenti</b>, Head of operations, Milano Ristorazione          Moderator: <b>Andrea Magarini</b>, Director Food Policy Department, Municipality of Milan</p>
<p>10:25 10:50 - Coffee break</p>	
<p>10:50 12:00</p>	<p><b>Session 7. Education activities for school meals programmes</b>          Education activities in school meals programmes can generate multiple returns on the social and economic dimensions. The session offers a knowledge basis on how to start and develop educational initiatives for school meals programmes. An overview of the role of different school staff and stakeholders will be offered for familiarizing with the opportunities to develop engagement and awareness campaigns with children.  <b>Heli Kuusipalo</b>, Senior adviser, Nutrition and Health Policy Unit in Finnish Institute for Health and Welfare  <b>Andrea Magarini</b>, Director Food Policy Department, Municipality of Milan  <b>Kevin Garrido</b>, Nutritionist - Dietitian, City government of Taguig          Moderator: <b>Kristining Seva</b>, UNPAR</p>
<p><b>12:00 14:30 - Lunch break with field visit at one of the selected schools.</b>  <i>Participants will be invited to visit one of the schools in the city of Bandung: the State Junior High School (SMPN -2) to experience a healthy canteen best practice. The participants will be inspired to implement such practice in their city. This school has implemented collaborative practices with the support of different parties such as agencies in the Bandung city government, as well as the business sector.</i></p>	
<p>14:30 16:45</p>	<p><b>Interactive Session. Exploring monitoring systems</b>          Based on the monitoring system tools, participants will discuss the monitoring action plan to be implemented in their contexts and will share their experiences.</p>

## Day 4 - Engaging stakeholders (26/07/2024)



09:00 09:10	<b>Registration</b>
09:10 10:10	<p><b>Session 8. Fostering stakeholders' participation and collaboration</b></p> <p>The mobilization, partnership and communication with local actors and stakeholders is needed for sustainable approaches towards school meals programmes. The session presents the role of relevant stakeholders at local, and international levels including policy makers, health experts, schools, food suppliers, local farmers associations, partners associations and community representatives, to explore opportunities to engage them within the school meals context. Tailored strategies for targeting local stakeholders including communication mechanisms and public awareness campaign for promoting healthy eating habits will be showcased.</p> <p><b>Pius Sugeng Prasetyo</b>, <i>Head of School Meals Steering Committee, UNPAR</i>  <b>Bich Pham</b>, <i>Founder and Spokesperson, Slow Food Community in Hanoi</i>  <b>Alfatehan Septianta</b>, <i>General Secretary of Indonesia Food Security Review</i>  <i>Moderator: Vrameswari Omega Wati, S.IP., M.Si. (Han), UNPAR</i></p>
10:10 11:15	<p><b>Interactive session. Stakeholders' mapping</b></p> <p>Based on the stakeholders analysis tool developed within the H2020 Food Trails project, participants will advance a preliminary mapping of stakeholders involved in their school meals programmes and will detail their power and influence within the system.</p>
11:15 13:45 - Lunch break	
13:45 15:00	<p><b>Project work proposal explanation</b></p> <p>Lessons learned and future directions related to the summer school assignment, followed by Q&amp;A.</p>
15:00 15:30	<p><b>Closing session</b></p> <p>The ceremony involves the certificate distribution and the acknowledgement of participants' commitment to promoting healthy eating within school institutions.</p>

Summer school, Bandung, 23-26 July 2024

## SPREADING EXPERIENCES AND KNOWLEDGE ON SCHOOL MEALS PROGRAMMES IN ASEAN CITIES

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### Promoters



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